

ΕΛΛΗΝΙΚΗ ΟΡΘΟΔΟΞΟΣ ΚΟΙΝΟΤΗΣ ΑΣΤΟΡΙΑΣ

Hellenic Orthodox Community of Astoria



His Grace Bishop Athenagoras of Nazianzos,

Archiepiscopal Vicar of Astoria

Protopresbyter Anargyros Stavropoulos, Proestamenos

V. Rev. Archimandrite Petros Gomez, Assistant Priest

Mr. Nicholaos Papaioannou, Parish Council President

SAINT DEMETRIOS CATHEDRAL

30-11 30th Drive, Astoria, NY 11102

SS. CATHERINE & GEORGE CHURCH

22-30 33rd Street, Astoria, NY 11105

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ΩΡΕΣ ΓΡΑΦΕΙΟΥ: Δευτέρα-Παρασκευή 9.00 π.μ. - 5.00 μ.μ.

Office Hours: Monday-Friday 9.00 a.m. - 5.00 p.m.

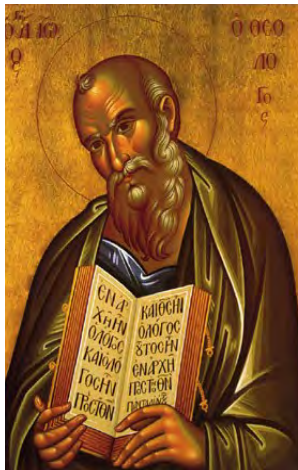
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ΚΥΡΙΑΚΗ 20 ΣΕΠΤΕΜΒΡΙΟΥ 2026 - SUNDAY, SEPTEMBER 20, 2026

ΚΥΡΙΑΚΗ ΜΕΤΑ ΤΗΝ ΥΨΩΣΗ ΤΟΥ ΤΙΜΙΟΥ ΣΤΑΥΡΟΥ

SUNDAY AFTER THE ELEVATION OF THE HOLY CROSS

Η ΜΕΤΑΣΤΑΣΙΣ ΤΟΥ ΑΓΙΟΥ ΙΩΑΝΝΟΥ ΤΟΥ ΘΕΟΛΟΓΟΥ (26 ΣΕΠΤΕΜΒΡΙΟΥ)



Αρκετοί είχαν την άποψη ότι ο Ιωάννης δεν πέθανε, αλλά μετατέθηκε στην άλλη ζωή, όπως ο Ενώχ και ο Ηλίας. Η παράδοση που ασπάσθηκε η Εκκλησία μας είναι η εξής: Ο Ιωάννης σε βαθειά γεράματα πέθανε στην Έφεσο και τάφηκε έξω απ' αυτή. Αλλά μετά από μερικές ημέρες, όταν οι μαθητές του επισκέφθηκαν τον τάφο, βρήκαν αυτόν κενό. Η

Εκκλησία μας, λοιπόν, δέχεται ότι στον αγαπημένο μαθητή του Κυρίου συνέβη ότι και με την Παναγία μητέρα Του. Δηλαδή, ο Ιωάννης να μην πέθανε και ετάφη, αλλά μετά τρεις ημέρες αναστήθηκε και μετέστη στην αιώνια ζωή, για την οποία ο ίδιος, να τί λέει σχετικά: «Ο ἔχων τὸν υἱὸν ἔχει τὴν ζωὴν, ὁ μὴ ἔχων τὸν υἱὸν τοῦ Θεοῦ τὴν ζωὴν οὐκ ἔχει» (Α' επιστολή Ιωάννου, ε' 12). Εκείνος, δηλαδή, που είναι ενωμένος μέσω της πίστης με το Χριστό και τον ἔχει δικό του, ἔχει την αληθινή και αιώνια ζωή. Εκείνος, όμως, που δεν ἔχει τον Υἱό του Θεοῦ, να ἔχει υπ' ὄψιν του πως δεν ἔχει και την αληθινή και αιώνια ζωή.

ST. EUSTATHIOS THE GREAT MARTYR (SEPTEMBER 20)



Saint Eustathius, originally named Placidus, was a distinguished Roman general under Emperor Trajan. During a hunt, he saw a vision of the Cross between the antlers of a majestic stag and heard Christ calling him to the Christian faith. His wife, Tatiana, received a similar revelation. They and their two sons were baptized, receiving the names

Eustathius, Theopiste, Agapius, and Theopistus.

The family then endured severe trials: they lost their possessions and servants and were separated during a pilgrimage. After many years, God reunited them, and they returned to Rome. When Eustathius refused to participate in a pagan sacrifice, Emperor Hadrian condemned the entire family to death inside a heated bronze bull. They were martyred around the year 126, and their bodies were found miraculously unharmed.

Κυριακὴ μετὰ τὴν Ὑψώση τοῦ Τιμίου καὶ Ζωοποιοῦ Σταυροῦ
Sunday After the Elevation of the Holy and Life-giving Cross
Epistle Reading

Προκείμενον. Ἦχος βαρύς. Ψαλμὸς 28.

Κύριος ἰσχύϊν τῷ λαῷ αὐτοῦ δώσει,
Κύριος εὐλογήσει τὸν λαὸν αὐτοῦ ἐν
εἰρήνῃ.

Στίχ. Ἐνέγκατε τῷ Κυρίῳ, υἱοὶ Θεοῦ,
ἐνέγκατε τῷ Κυρίῳ δόξαν καὶ τιμὴν.

Πρὸς Γαλάτας Ἐπιστολῆς Παύλου
(2:16 – 20) τὸ ἀνάγνωσμα

Ἀδελφοί, εἰδότες ὅτι οὐ δικαιούται
ἄνθρωπος ἐξ ἔργων νόμου εἶναι μὴ διὰ
πίστεως Ἰησοῦ Χριστοῦ, καὶ ἡμεῖς εἰς
Χριστὸν Ἰησοῦν ἐπιστεύσαμεν, ἵνα δι-
καιωθῶμεν ἐκ πίστεως Χριστοῦ καὶ οὐκ
ἐξ ἔργων νόμου, διότι οὐ δικαιωθήσεται
ἐξ ἔργων νόμου πᾶσα σὰρξ. εἰ δὲ ζη-
τοῦντες δικαιωθῆναι ἐν Χριστῷ εὐρέθη-
μεν καὶ αὐτοὶ ἁμαρτωλοὶ, ἄρα Χριστὸς
ἁμαρτίας διάκονος; μὴ γένοιτο. εἰ γὰρ ἂ
κατέλυσα ταῦτα πάλιν οἰκοδομῶ, πα-
ραβάτην ἐμαυτὸν συνίστημι. ἐγὼ γὰρ διὰ
νόμου νόμῳ ἀπέθανον, ἵνα Θεῷ ζήσω.
Χριστῷ συνεσταύρωμαι· ζῶ δὲ οὐκέτι
ἐγώ, ζῇ δὲ ἐν ἐμοὶ Χριστός· ὁ δὲ νῦν ζῶ
ἐν σαρκί, ἐν πίστει ζῶ τῇ τοῦ υἱοῦ τοῦ
Θεοῦ τοῦ ἀγαπήσαντός με καὶ παρα-
δόντος ἑαυτὸν ὑπὲρ ἐμοῦ.

Prokeimenon. Grave Mode. Psalm 28.

The Lord will give strength to His peo-
ple; the Lord will bless His people with
peace.

Verse: *Bring to the Lord, O you sons of
God, bring to the Lord glory and honor.*

The reading is from Paul's Letter to
the Galatians (2:16 – 20)

Brethren, you know that a man is not
justified by works of the law but
through faith in Jesus Christ, even we
have believed in Christ Jesus, in order to
be justified by faith in Christ, and not by
works of the law, because by works of
the law shall no one be justified. But if,
in our endeavor to be justified in Christ,
we ourselves were found to be sinners,
is Christ then an agent of sin? Certainly
not! But if I build up again those things
which I tore down, then I prove myself a
transgressor. For I through the law died
to the law, that I might live to God. I
have been crucified with Christ; it is no
longer I who live, but Christ who lives
in me; and the life I now live in the flesh
I live by faith in the Son of God, who
loved me and gave himself for me.

Gospel Reading

Ἐκ τοῦ κατὰ Μάρκον ἀγίου
Εὐαγγελίου (8:34 – 9:1) τὸ ἀνάγνωσμα

Εἶπεν ὁ Κύριος· ὅστις θέλει ὀπίσω μου
ἀκολουθεῖν, ἀπαρνησάσθω ἑαυτὸν καὶ
ἀράτω τὸν σταυρὸν αὐτοῦ, καὶ
ἀκολουθεῖτω μοι. ὃς γὰρ ἂν θέλῃ τὴν ψυ-
χὴν αὐτοῦ σῶσαι, ἀπολέσει αὐτήν· ὃς δ'
ἂν ἀπολέσῃ τὴν ἑαυτοῦ ψυχὴν ἕνεκεν
ἐμοῦ καὶ τοῦ εὐαγγελίου, οὗτος σώσει

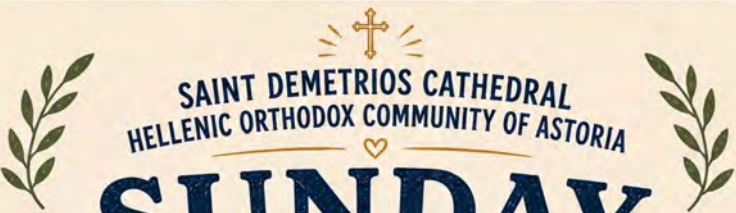
The Gospel According to
Mark (8:34 – 9:1)

The Lord said: "If anyone wishes to
come after me, let him deny himself
and take up his cross and follow me.
For whoever would save his life will
lose it; and whoever loses his life for
my sake and the gospel's will save it.

Gospel Reading

αὐτήν. τί γὰρ ὠφελήσει ἄνθρωπον ἐὰν κερδήσῃ τὸν κόσμον ὅλον, καὶ ζημιωθῇ τὴν ψυχὴν αὐτοῦ; ἢ τί δώσει ἄνθρωπος ἀντάλλαγμα τῆς ψυχῆς αὐτοῦ; ὃς γὰρ ἐὰν ἐπαισχυνηθῇ με καὶ τοὺς ἐμοὺς λόγους ἐν τῇ γενεᾷ ταύτῃ τῇ μοιχαλίδι καὶ ἁμαρτωλῷ, καὶ ὁ υἱὸς τοῦ ἀνθρώπου ἐπαισχυνηθήσεται αὐτὸν ὅταν ἔλθῃ ἐν τῇ δόξῃ τοῦ πατρὸς αὐτοῦ μετὰ τῶν ἀγγέλων τῶν ἁγίων. Καὶ ἔλεγεν αὐτοῖς· ἀμὴν λέγω ὑμῖν ὅτι εἰσὶ τινες τῶν ὧδε ἐστηκότων, οἵτινες οὐ μὴ γεύσονται θανάτου ἕως ἂν ἴδωσι τὴν βασιλείαν τοῦ Θεοῦ ἐληλυθυῖαν ἐν δυνάμει.

For what does it profit a man, to gain the whole world and forfeit his life? For what can a man give in return for his life? For whoever is ashamed of me and my words in this adulterous and sinful generation, of him will the Son of man also be ashamed, when he comes in the glory of his Father with the holy angels.” And he said to them, “Truly, I say to you, there are some standing here who will not taste death before they see the kingdom of God come with power.”


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HELLENIC ORTHODOX COMMUNITY OF ASTORIA**

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Let the little children come to Me...
Matthew 19:14

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 **ΕΛΛΗΝΙΚΗ ΟΡΘΟΔΟΞΟΣ
ΚΟΙΝΟΤΗΣ ΑΣΤΟΡΙΑΣ**
Hellenic Orthodox Community of Astoria 



**Έναρξη του Κύκλου Μελέτης
της Αγίας Γραφής στα Ελληνικά και γεύμα**

Καθεδρικός Αγίου Δημητρίου
24 Σεπτεμβρίου 2026 • 1:00 μ.μ.
Υπό την καθοδήγηση του π. Αναργύρου Σταυροπούλου

Beginning September 28, 2026
6:00 p.m. — Paraklesis in English
7:00 p.m. — Bible Study
Sts. Catherine and George
Led by Fr. Petros Gómez

Hymns of the Day

Resurrectional Apolytikion in the Grave Mode

You destroyed death by Your Cross, You opened Paradise to the Robber. You turned the Myrrh-bearing Women's lament into joy, and You commanded Your Apostles to preach that You rose, O Christ God, granting the world the great mercy.

Κατέλυσας τῷ Σταυρῷ σου τὸν θάνατον· ἠνέωξας τῷ ληστῇ τὸν Παράδεισον· τῶν Μυροφόρων τὸν θρήνον μετέβαλες, καὶ τοῖς σοῖς Ἀποστόλοις κηρύττειν ἐπέταξας, ὅτι ἀνέστης Χριστὲ ὁ Θεός, παρέχων τῷ κόσμῳ τὸ μέγα ἔλεος.

Apolytikion for the Cross First Mode

Save, O Lord, Your people and bless Your inheritance, granting victory to the faithful over the enemy, and by Your Cross protecting Your commonwealth.

Σῶσον, Κύριε, τὸν λαόν σου, καὶ εὐλόγησον τὴν κληρονομίαν σου, νίκας τοῖς βασιλεῦσι κατὰ βαρβάρων δωρούμενος, καὶ τὸ σὸν φυλάττων, διὰ τοῦ Σταυροῦ σου πολίτευμα.

Apolytikion for St. Demetrios in the Third Mode

All the world has you, its mighty champion, * fortifying us in times of danger, * and defeating our foes, O Victorious One. * So, as you humbled Lyaïos's arrogance * by giving courage to Nestor in the stadium, * thus, O holy Great-martyr Demetrios, * to Christ our God pray fervently, * beseeching Him to grant us His great mercy.

Μέγαν εὗρατο ἐν τοῖς κινδύνοις, σὲ ὑπέρμαχον ἢ οἰκουμένη, Ἀθλοφόρε τὰ ἔθνη τροπούμενον. Ὡς οὖν Λυαίου καθεῖλες τὴν ἔπαρσιν, ἐν τῷ σταδίῳ θαρρύνας τὸν Νέστορα, οὕτως Ἄγιε, Μεγαλομάρτυς Δημήτριε, Χριστὸν τὸν Θεὸν ἰκέτευε, δωρήσασθαι ἡμῖν τὸ μέγα ἔλεος.

Apolytikion for St. Catherine in the Plagal First Mode

Let us praise and extol the all-lauded Bride of Christ,* the Protectress of Sinai, divine Saint Catherine,* as the one who gives aid and her assistance to us;* for she brilliantly suppressed the impious orators,* with the sword of the Spirit.* And being crowned as a martyr,* she asks that all receive the great mercy.

Τὴν πανεύφημον νύμφην Χριστοῦ ὑμνήσωμεν, Αἰκατερίναν τὴν θεῖαν καὶ πολιοῦχον Σινᾶ, τὴν βοήθειαν ἡμῶν καὶ ἀντίληψιν, ὅτι ἐφίμωσε λαμπρῶς, τοὺς κομποὺς τῶν ἀσεβῶν, τοῦ Πνεύματος τῇ μαχαίρᾳ, καὶ νῦν ὡς Μάρτυς στεφθεῖσα, αἰτεῖται πᾶσι τὸ μέγα ἔλεος.

Apolytikion for St George in the Fourth Mode

As the one renowned for setting captives free and for defending those in poverty, the physician of the sick and the champion of emperors, great and victorious Martyr George, intercede with Christ our God, beseeching Him to save our souls.

Ὡς τῶν αἰχμαλώτων ἐλευθερωτῆς, καὶ τῶν πτωχῶν ὑπερασπιστῆς, ἀσθενούντων ἱατρός, βασιλέων ὑπέρμαχος, Τροπαιοφόρε Μεγαλομάρτυς Γεώργιε, πρέσβευε Χριστῷ τῷ Θεῷ, σωθῆναι τὰς ψυχὰς ἡμῶν.

Kontakion in the Fourth Mode

You who were lifted on the cross voluntarily, * O Christ our God, bestow Your tender compassions * upon Your new community to which You gave Your name. * Cause our faithful emperors to be glad in Your power, * granting them the victories against their adversaries. * And for an ally, Lord, may they have You, * peace as their armor, the trophy invincible.

Ὁ ὑψωθείς ἐν τῷ Σταυρῷ ἐκουσίως, τῇ ἐπωνύμῳ σου καινῇ πολιτείᾳ, τοὺς οἰκτιρμούς σου δώρησαι, Χριστὲ ὁ Θεός. Εὐφρανὸν ἐν τῇ δυνάμει σου, τοὺς πιστοὺς βασιλεῖς ἡμῶν, νίκας χορηγῶν αὐτοῖς, κατὰ τῶν πολεμίων τὴν συμμαχίαν ἔχοιεν τὴν σὴν, ὄπλον εἰρήνης, ἀήττητον τρόπαιον.

STEWARDSHIP MINISTRY—MEMBERSHIP 2026

We express our deepest appreciation to you for your continued support to our community by renewing your stewardship pledge for the current year. Your contribution is greatly appreciated and assists us in the maintenance of the community's programs and services. We are also grateful for all your moral support and participation in your community life. May the blessings of our Lord be with you and your family. We wish you healthy and renewed strength for this New Year! We thank the 534 parish families who have fully/partially fulfilled their stewardship/membership commitment to Saint Demetrios Cathedral/Sts. Catherine & George Greek Orthodox Church as of 2026.

ΠΡΟΓΡΑΜΜΑ ΕΚΟΥΣΙΑΣ ΕΙΣΦΟΡΑΣ 2026

Εκφράζουμε βαθύτατες ευχαριστίες για την υποστήριξή σας στην κοινότητά μας μέσω της ανανέωσης της ετήσιας εισφοράς σας για το τρέχον έτος. Η συμβολή σας είναι εξαιρετικά σημαντική στη διατήρηση των προγραμμάτων και των υπηρεσιών της κοινότητας. Είμαστε ευγνώμονες για όλη την ηθική υποστήριξή σας και τη συμμετοχή σας στη ζωή της κοινότητάς μας. Είθε ο Κύριος να σκέπει εσάς και την οικογένειά σας. Ευχόμαστε υγεία και δύναμη για το Νέο Έτος! Ευχαριστούμε τις 534 οικογένειες που έχουν πλήρως ή μερικώς προσφέρει την συνδρομή τους για το 2026 στον Καθεδρικό Ναό του Αγίου Δημητρίου και στην Ελληνορθόδοξη Εκκλησία Αγίων Αικατερίνης και Γεωργίου.



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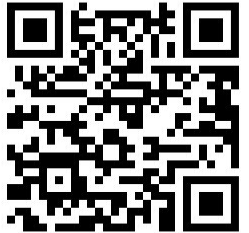
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Μνημόσυνα Κυριακής
Αγίου Δημητρίου
Memorials - Saint Demetrios

9/20/2026



Παναγιώτου Διακοβασίλη
Γεωργίου Αργύρη
Δημητρίου Δρίβα
Ευθυμίου Κυριαζή
Αναστασίας Βελισσάρη
Βασιλείου Χατζάκου
Ιωάννου Παντελή
Μαριλένας Λαγού
Ανδρέου Χαραλάμπους
Ευάγγελου Αρβανίτη

Μνημόσυνα Κυριακής
Αγίων Αικατερίνης και Γεωργίου
Memorials - Sts. Catherine & George

9/20/2026



Αλεξάνδρας Άννας Αικατερίνης Ternas
Νικολάου Τσαμούταλη
Ανδρέου Ευαγγέλου
Αθηνάς Θεοδωρακοπούλου

ΠΡΟΓΡΑΜΜΑ ΤΗΣ ΕΒΔΟΜΑΔΟΣ**Κυριακή 20 Σεπτεμβρίου 2026****ΚΥΡΙΑΚΗ ΜΕΤΑ ΤΗΝ ΥΨΩΣΙΝ ΤΟΥ ΤΙΜΙΟΥ ΣΤΑΥΡΟΥ**

I. N. ΑΓΙΟΥ ΔΗΜΗΤΡΙΟΥ—I. N.

ΑΓΙΩΝ ΑΙΚΑΤΕΡΙΝΗΣ ΚΑΙ ΓΕΩΡΓΙΟΥ

8:00 π.μ. Όρθρος, Θεία Λειτουργία, Μνημόσυνα και Κατηχητικό Σχολείο**Δεύτερα 21 Σεπτεμβρίου 2026**

I. N. ΑΓΙΩΝ ΑΙΚΑΤΕΡΙΝΗΣ ΚΑΙ ΓΕΩΡΓΙΟΥ

6:00 μ.μ. Τερὸν Εὐχέλαιον**Τρίτη 22 Σεπτεμβρίου 2026**

I. N. ΑΓΙΟΥ ΔΗΜΗΤΡΙΟΥ

6:00 μ.μ. Τερὸν Εὐχέλαιον**Τετάρτη 23 Σεπτεμβρίου 2026**

I. N. ΑΓΙΟΥ ΔΗΜΗΤΡΙΟΥ

6:00 μ.μ. Τερά Παράκληση**Πέμπτη 24 Σεπτεμβρίου 2026**

I. N. ΑΓΙΟΥ ΔΗΜΗΤΡΙΟΥ

1:00 μ.μ. Κύκλος, Μελέτη τῆς Ἀγίας Γραφῆς στὰ Ἑλληνικά καὶ γεύμα**Παρασκευή 25 Σεπτεμβρίου 2026**

I. N. ΑΓΙΩΝ ΑΙΚΑΤΕΡΙΝΗΣ ΚΑΙ ΓΕΩΡΓΙΟΥ

Ἐτήσιο Φεστιβάλ τῶν Ἀγίων Αἰκατερίνης καὶ Γεωργίου. **5:00 μ.μ. - 11:00 μ.μ.****Σάββατο 26 Σεπτεμβρίου 2026****Ἡ ΜΕΤΑΣΤΑΣΙΣ ΤΟΥ ΑΓΙΟΥ ΙΩΑΝΝΟΥ ΤΟΥ ΘΕΟΛΟΓΟΥ ΚΑΙ ΕΥΑΓΓΕΛΙΣΤΟΥ**

I. N. ΑΓΙΟΥ ΔΗΜΗΤΡΙΟΥ

8:00 π.μ. Όρθρος καὶ Θεία Λειτουργία

I. N. ΑΓΙΩΝ ΑΙΚΑΤΕΡΙΝΗΣ ΚΑΙ ΓΕΩΡΓΙΟΥ

Ἐτήσιο Φεστιβάλ τῶν Ἀγίων Αἰκατερίνης καὶ Γεωργίου. **12:00 μ.μ. - 11:00 μ.μ.****Κυριακή 27 Σεπτεμβρίου 2026****ΚΥΡΙΑΚΗ ΜΕΤΑ ΤΗΝ ΥΨΩΣΙΝ ΤΟΥ ΤΙΜΙΟΥ ΣΤΑΥΡΟΥ**

I. N. ΑΓΙΟΥ ΔΗΜΗΤΡΙΟΥ—I. N.

ΑΓΙΩΝ ΑΙΚΑΤΕΡΙΝΗΣ ΚΑΙ ΓΕΩΡΓΙΟΥ

8:00 π.μ. Όρθρος, Θεία Λειτουργία, Μνημόσυνα και Κατηχητικό Σχολείο

I. N. ΑΓΙΩΝ ΑΙΚΑΤΕΡΙΝΗΣ ΚΑΙ ΓΕΩΡΓΙΟΥ

Ἐτήσιο Φεστιβάλ τῶν Ἀγίων Αἰκατερίνης καὶ Γεωργίου. **11:00 π.μ. - 10:00 μ.μ.****ACTIVITIES OF THE WEEK****Sunday, September 20 2026****SUNDAY AFTER THE ELEVATION OF THE HOLY CROSS**

SAINT DEMETRIOS—SAINTS

CATHERINE AND GEORGE

8:00 a.m. Orthros, Divine Liturgy, Memorials and Sunday School**Monday, September 21, 2026**

SAINTS CATHERINE AND GEORGE

6:00 p.m. Holy Unction**Tuesday, September 22, 2026**

SAINT DEMETRIOS

6:00 p.m. Holy Unction**Wednesday, September 23, 2026**

SAINT DEMETRIOS

6:00 p.m. Holy Paraklesis**Thursday, September 24, 2026**

SAINT DEMETRIOS

1:00 p.m. Kyklos (Bible Study in Greek) and Lunch**Thursday, September 25, 2026**

SAINTS CATHERINE AND GEORGE

Annual Festival of Sts. Catherine and George

5:00 p.m. - 11:00 p.m.**Saturday, September 26, 2026****THE FALLING ASLEEP OF ST. JOHN THE EVANGELIST AND THEOLOGIAN**

SAINT DEMETRIOS

8:00 a.m. Orthros and Divine Liturgy

SAINTS CATHERINE AND GEORGE

Annual Festival of Sts. Catherine and George

12:00 p.m. - 11:00 p.m.**Sunday, September 27 2026****SUNDAY AFTER THE ELEVATION OF THE HOLY CROSS**

SAINT DEMETRIOS—SAINTS

CATHERINE AND GEORGE

8:00 a.m. Orthros, Divine Liturgy, Memorials and Sunday School

SAINTS CATHERINE AND GEORGE

Annual Festival of Sts. Catherine and George

11:00 a.m. - 10:00 p.m.

SAINT DEMETRIOS CATHEDRAL OF ASTORIA

*Play
Support
Make a
Difference!*



FAITH
EDUCATION
COMMUNITY

*A great day of golf
for a brighter
tomorrow!*

GOLF OUTING

FRIDAY, OCTOBER 2, 2026

CLEARVIEW PARK GOLF COURSE

BAYSIDE, NEW YORK

*Supporting Our Students.
Strengthening Our Community.
Building a Brighter Future.*



COME PLAY!

Enjoy a great day
on the course!



SPONSOR

Packages range from
\$250 – \$1,500
with prominent signage
and great perks.



RAFFLE PRIZES

We welcome donations
of sporting goods,
gift certificates,
electronics, and more!



GIFT BAGS

All golfers will receive
a gift bag with a variety
of items and
product samples.

*Proceeds will be used for additional technology (STEAM)
& Sport activities for the Elementary School.*

Thanks to our supporters, past golf outings have helped install a new security system, renovate a safe and fun playground, purchase physical education equipment, and provide new touch screen smart boards for our classrooms.

TOGETHER WE MAKE A DIFFERENCE!

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Thank you for your support!

Welcome to the Hellenic Orthodox Community of Sts. Demetrios, Catherine and George!

We welcome all our visitors this Sunday morning and we thank you for praying with us during the Divine Liturgy. **While Holy Communion may only be received by prepared and baptized Orthodox Christians**, our non-Orthodox guests are welcome to join us in receiving blessed bread (Antidoron) from the priest at the conclusion of the Divine Liturgy.



*To follow along during our Divine
Services please scan the QR Code:*



HELLENIC ORTHODOX COMMUNITY

OF ASTORIA SAINT DEMETRIOS CATHEDRAL OF ASTORIA

Saints Catherine & George

Greek Orthodox Church

Greek Festival

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HOMEMADE GREEK FOOD & DESSERTS | LIVE DJ |

GREEK DANCE PERFORMANCES | VENDORS | GAMES | RAFFLE PRIZES



Free
Performance
Special Guest



Sunday,
September 27

SEPTEMBER

FRIDAY 25 | SATURDAY 26 | SUNDAY 27

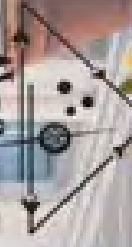
5PM-11PM | 12PM-11PM | 11AM-10PM

TO ADVERTISE, BE A VENDOR, OR VOLUNTEER, PLEASE REACH OUT TO:
FESTIVAL@SDASTORIA.COM, CALL 718-728-1718 (CHURCH OFFICE), OR

SCAN THE QR CODE TO FILL OUT OUR FORM



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Preschool, Pre-K, Elementary School, Middle School, and High School

- Close-knit school rooted in Hellenic values
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- State of the art gym and science lab
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22-30 33rd St. Astoria NY 11105

5th Grade to 12th Grade:
30-03 30th Dr. Astoria NY 11102

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IS ALSO AVAILABLE

For more information:

Email: Prek.astoria@sdprep.org
Call: (718) 440-8574
Register: myschools.nyc.gov

PRE-K
FOR ALL



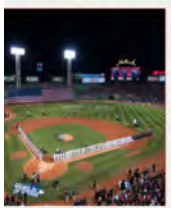
NOVEMBER
13-15
AGES: 13-18

DISTRICT GOYA TRIP TO BOSTON

TRIP

INCLUDES:

- 3 Days and 2 Nights Hotel
- Coach Bus
- Meals for the Weekend
- Tour of Fenway Park
- Visit to Faneuil Hall and Quincy Market
- Evening Activity at Dave and Busters
- Visit to Malotis Cultural Center And Hellenic College Holy Cross



REGISTRATION OPEN: LINK BELOW
COST: \$325 PER PERSON
CHAPERONES REQUESTED



ARCHDIOCESAN DISTRICT YAL Conference

COLUMBUS DAY
WEEKEND

NEW YORK CITY

OCTOBER 9-12, 2026

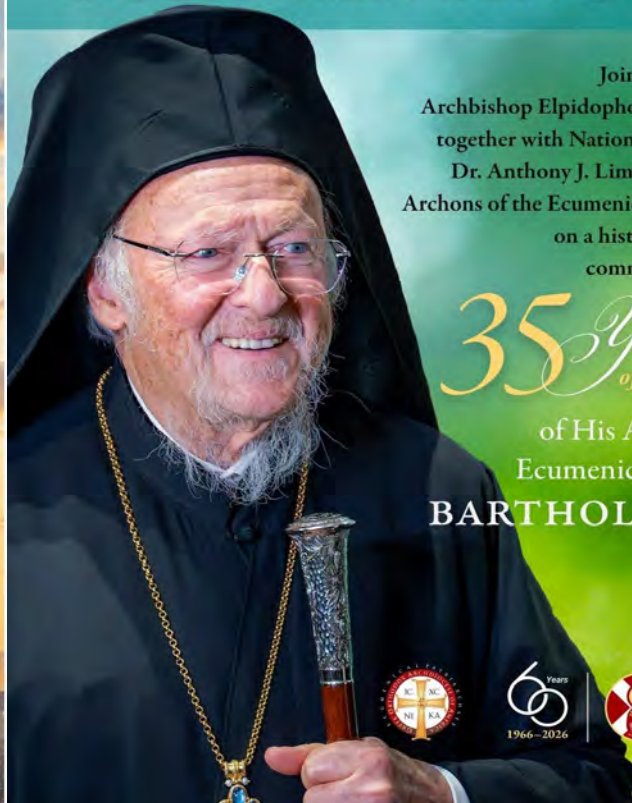
YOUNG ADULTS
AGES 18-35

REGISTRATION
OPENS
JULY 13, 2026



Pilgrimage to CONSTANTINOPLE

OCT 19-23 | 2026



Join His Eminence
Archbishop Elpidophoros of America
together with National Commander
Dr. Anthony J. Limberakis and the
Archons of the Ecumenical Patriarchate
on a historic pilgrimage
commemorating the

35 Years
of MINISTRY

of His All-Holiness
Ecumenical Patriarch
BARTHOLOMEW



Archons
of the Ecumenical
Patriarchate
Protecting the Future of Faith



ASTORIA

SAINT DEMETRIOS CATHEDRAL
HELLENIC ORTHODOX COMMUNITY OF ASTORIA

2026/2027
YOUTH MINISTRY UPDATES
HOPE JOY GOYA



YOUTH MINISTRIES REGISTRATION



REGISTRATION DEADLINE
SEPTEMBER 28!



TEAMWORK.
FAITH.
COMMUNITY.
FUN.



BE PART OF
SOMETHING
BIGGER!



STAY CONNECTED!
ALL LINKS IN ONE PLACE.
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IMPORTANT:
STEWARDSHIP, TEAM FEES & YOUTH MINISTRY FEES
MUST BE PAID PRIOR TO THE FIRST PRACTICE.
ALL FEES MUST BE PAID IN ORDER FOR YOUR CHILD TO PARTICIPATE.



BASKETBALL TRYOUTS
START DATE: 9/21
SCHEDULE WILL BE
EMAILED AND POSTED
ON INSTAGRAM



BIDDY LEAGUE
START DATE: 10/3
FOR OUR YOUNGEST
PLAYERS



GOYA TUESDAYS - GYM
7:30PM - 9PM
START DATE: 10/20



VOLLEYBALL TRYOUTS
MID OCTOBER
PRACTICES TO START NOVEMBER

1- BASKETBALL REGISTRATION,
FEES & STEWARDSHIP
2- YOUTH MINISTRIES
(GOYA, JOY, HOPE,
BIDDY LEAGUE, VOLLEYBALL)

****THERE WILL BE NO EXCEPTIONS -
YOU MUST BE REGISTERED BY 9/28
ON BOTH SITES IN ORDER TO PLAY,
PRACTICE AND/OR TRYOUT.**



@saintdemetriosityouth
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goya@sdastoria.com
athletics@sdastoria.com



St. Demetrios Astoria
Youth Programs



FAITH
COMMUNITY
ATHLETICS
YOUTH

BIDDY LEAGUE

2026 - 2027

LEARN • PLAY • GROW • BELONG

JOY MEMBERS ONLY

A fun and supportive introduction to basketball
for our youngest athletes!



**SATURDAY
MORNINGS**



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ST. DEMETRIOS YOUTH MINISTRY

FAITH • COMMUNITY • ATHLETICS

B3/G3
Ages 11-12
9:30am - 10:45am

B2/G2
Ages 9-10
10:45am - 12:00pm

B1/G1
Ages 7-8
12:00pm - 1:15pm

SUPPORT
ENCOURAGE
INVEST
IN OUR YOUTH

ASTORIA

SAINT DEMETRIOS CATHEDRAL

*Faith
Community
Youth
Our Future*

T-SHIRTS

HELP SUPPORT OUR YOUTH PROGRAMS



FRONT



BACK

**\$15
EACH**

SMALL SHIRT
BIG IMPACT

SUPPORT
OUR YOUTH PROGRAMS

ORDER FORM

NAME: _____ PHONE/EMAIL: _____

SIZE	QUANTITY	PRICE (EACH)	TOTAL
YOUTH S		\$15	
YOUTH M		\$15	
YOUTH L		\$15	
ADULT S		\$15	
ADULT M		\$15	
ADULT L		\$15	
ADULT XL		\$15	
ADULT XXL		\$15	
TOTAL DUE:			

**ALL ORDERS MUST BE PLACED BY
OCTOBER 10**

T-SHIRTS WILL BE AVAILABLE
FOR PICK UP AT THE GYM OFFICE
FROM **NOVEMBER 2.**

Thank You

STRONG YOUTH | STRONGER COMMUNITY





READY TO BEGIN YOUR
Journey?

Learn. Grow. Belong.
Discover the Greek Language,
Heritage, and Culture.

**REGISTRATION HAS
BEGUN!
SECURE YOUR SPOT TODAY!**

**THE GREEK AFTERNOON SCHOOL OF
SAINT DEMETRIOS OF ASTORIA**



LANGUAGE
Build strong skills in
reading, writing,
listening, and
speaking Greek.



HERITAGE
Explore Greek history,
traditions, music,
and dance.

Our curriculum is aligned with the Certificate of Attainment in Greek (Ellinomatheia) and supports students from Pre-Kindergarten through 8th Grade, as well as adults. Students progress through internationally recognized proficiency levels while developing a deep love and pride in their Greek heritage.



SCHOOL YEAR
September - June
(follows the traditional
New York school calendar)

Enjoy cultural celebrations
throughout the year:
OXI Day, Christmas,
Greek Independence Day,
and more!



EXCELLENCE
Specialized preparation for
the New York State Greek
Regents Examination
and Ellinomatheia
Examinations.

100% SUCCESS RATE
on both the Greek Regents
and Ellinomatheia exams!



**CLASSES FOR
EVERYONE**
Children (Pre-K-8th Grade)
and Adults

- Adult Greek Language Classes
(Beginner, Intermediate,
Advanced)
- Ellinomatheia Preparation Classes

FLEXIBLE SCHEDULING OPTIONS



**MONDAY-WEDNESDAY
PROGRAM**
Afternoon classes
after regular school.



**FULL-DAY
SATURDAY PROGRAM**
Comprehensive instruction
in a full-day setting.

The courses start on **September 16.**
Convenient for families traveling from throughout the New York metropolitan area.



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CLASSES HELD AT SAINT DEMETRIOS SCHOOL
30-11 30th Drive, Astoria, NY 11102

ΣΕΠΤΕΜΒΡΙΟΣ 2026



ΕΛΛΗΝΙΚΗ ΟΡΘΟΔΟΞΟΣ
ΚΟΙΝΟΤΗΣ ΑΣΤΟΡΙΑΣ
ΚΑΘΕΔΡΙΚΟΣ ΝΑΟΣ ΑΓΙΟΥ ΔΗΜΗΤΡΙΟΥ
ΙΕΡΟΣ ΝΑΟΣ ΑΓΙΩΝ ΑΙΚΑΤΕΡΙΝΗΣ & ΓΕΩΡΓΙΟΥ

Κυριακή	Δευτέρα	Τρίτη	Τετάρτη	Πέμπτη	Παρα-	Σάββατο
		1 Αρχή τῆς Ἰνδίκτου — Ἐκκλησιαστικὸν Νέον Ἔτος 8:00 π.μ. Ὁρθρος, Θεία Λειτουργία καὶ Ἀγιασμὸς (2 ναοὺς)	2	3	4	5
6 Κυριακὴ ΙΑ΄ Ματθαίου 8:00 π.μ. Ὁρθρος, Θεία Λειτουργία καὶ Μνημόσυνα (2 ναοὺς)	7 LABOUR DAY (ΗΜΕΡΑ ΤΗΣ ΕΡΓΑΣΙΑΣ) Τὸ Γραφεῖο τῆς Κοινότητος θὰ παραμείνῃ κλειστὸ	8 Τὸ Γενέσιον τῆς Ὑπεραγίας Θεοτόκου 8:00 π.μ. Ὁρθρος καὶ Θεία Λειτουργία (2 ναοὺς)	9 6:00 μ.μ. Ἱερὰ Παράκλησις (Ι.Ν. Ἀγ. Δημητρίου)	10 Ἀγιασμὸς ἀρχὴ τοῦ ἔτους τοῦ ἡμερησίου Σχολείου 10:00 π.μ. (Ι.Ν. Ἀγ. Δημητρίου) 11:00 π.μ. (Ι.Ν. Ἀγ. Αἰκατερίνης)	11	12 Ἀγιασμὸς καὶ ἐναρξὴ τοῦ σαββατιανοῦ Σχολείου 10:00 π.μ. (Ι.Ν. Ἀγ. Δημητρίου) 1:00–4:00 μ.μ. Ἐγγραφὲς στὰ Προγράμματα Νεολαίας καὶ Ψησταριά (Ι.Ν. Ἀγ. Δημητρίου)
13 Κυριακὴ πρὸ τῆς Ὑψώσεως 8:00 π.μ. Ὁρθρος, Θεία Λειτουργία, Μνημόσυνα καὶ Κατηχητικὸ Σχολεῖο (2 ναοὺς) 7:00 μ.μ. Μέγας Ἑσπερινὸς εἰς τὸν Ἱερὸν Ναὸν τοῦ Τιμίου Σταυροῦ, Whitestone, NY.	14 Ἡ Ὑψωσις τοῦ Τιμίου καὶ Ζωοποιοῦ Σταυροῦ 8:00 π.μ. Ὁρθρος, Θεία Λειτουργία καὶ ὕψωσις τοῦ Σταυροῦ (2 ναοὺς) Ἀγιασμὸς καὶ ἐναρξὴ τοῦ ἀπογευματινοῦ σχολείου 4:00 μ.μ. (Ι.Ν. Ἀγ. Δημητρίου)	15	16 Ἡ Ἀγία Μεγαλομάρτυς Εὐφροσύνη 8:00 π.μ. Ὁρθρος καὶ Θεία Λειτουργία (2 ναοὺς)	17 Ἡ Ἀγία Σοφία καὶ αἱ θυγατέρες αὐτῆς, Πίστις, Ἐλπίς καὶ Ἀγάπη 8:00 π.μ. Ὁρθρος καὶ Θεία Λειτουργία (2 ναοὺς)	18	19
20 Κυριακὴ μετὰ τὴν Ὑψωσιν 8:00 π.μ. Ὁρθρος, Θεία Λειτουργία, Μνημόσυνα καὶ Κατηχητικὸ Σχολεῖο (2 ναοὺς)	21 6:00 μ.μ. Ἱερὸν Εὐχέλαιον (Ι.Ν. Ἀγ. Αἰκατερίνης)	22 6:00 μ.μ. Ἱερὸν Εὐχέλαιον (Ι.Ν. Ἀγ. Δημητρίου)	23 6:00 μ.μ. Ἱερὰ Παράκλησις (Ι.Ν. Ἀγ. Δημητρίου)	24 1:00 μ.μ. Κύκλος Μελέτης τῆς Ἀγίας Γραφῆς στὰ Ἑλληνικά καὶ γεῦμα (Ι.Ν. Ἀγ. Δημητρίου)	25 Ἑτήσιο Φεστιβάλ τῶν Ἀγίων Αἰκατερίνης καὶ Γεωργίου. 5:00 μ.μ. - 11:00 μ.μ.	26 Ἡ Μετάστασις τοῦ Ἀγίου Ἰωάννου τοῦ Θεολόγου 8:00 π.μ. Ὁρθρος καὶ Θεία Λειτουργία (Ι.Ν. Ἀγ. Δημητρίου) Ἑτήσιο Φεστιβάλ 12:00 μ.μ. - 11:00 μ.μ.
27 Κυριακὴ Α΄ Λουκᾶ 8:00 π.μ. Ὁρθρος, Θεία Λειτουργία, Μνημόσυνα καὶ Κατηχητικὸ Σχολεῖο (2 ναοὺς) Ἑτήσιο Φεστιβάλ 11:00 π.μ. - 10:00 μ.μ.	28 6:00 μ.μ. - 8:00 μ.μ. Ἱερὰ Ἐξομολόγησις μετὰ τὸν π. Ανάργυρο (Ι.Ν. Ἀγ. Δημητρίου)	29	30 6:00 μ.μ. Ἱερὰ Παράκλησις (Ι.Ν. Ἀγ. Δημητρίου)			



**HELLENIC ORTHODOX COMMUNITY OF
ASTORIA**
SAINT DEMETRIOS CATHEDRAL
SAINTS CATHERINE AND GEORGE GREEK
ORTHODOX CHURCH

SEPTEMBER 2026

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 Ecclesiastical New Year 8:00 a.m. Orthros, Divine Liturgy and Agiasmos (Both Churches)	2	3	4	5
6 14th Sunday of Matthew 8:00 a.m. Orthros and Divine Liturgy (Both Churches)	7 LABOUR DAY The Community Office will remain closed	8 Nativity of the Most Holy Thetokos 8:00 am Orthros and Divine Liturgy (Both Churches)	9 6p.m. Paraklesis (St. Demetrios)	10 Agiasmos for the beginning of the Daily School courses 10:00 a.m. (St. Demetrios) 11:00 a.m. (St. Catherine)	11	12 Agiasmos 10:00 a.m. For the beginning of the Saturday School courses. 1-4 p. m. Registration Youth Ministries & BBQ (St. Demetrios)
13 Sunday Before The Exaltation 8:00 a.m. Orthros and Divine Liturgy (Both Churches) Great Vespers at Holy Cross Church Withestone, NY. 7:00 p.m.	14 The Exaltation of the Holy Cross. 8:00 a.m. Orthros and Divine Liturgy (Both Churches) 4:00 p.m. Agiasmos for the beginning of the Afternoon School courses (St. Demetrios)	15	16 Euphemia the Great Martyr 8:00 a. m. Orthros and Divine Liturgy (Both Churches)	17 Sophia and her Daughters, Faith, Hope and Love 8:00 a.m. Orthros and Divine Liturgy (Both Churches)	18	19
20 Sunday After the Exaltation of the Holy Cross 8:00 a.m. Orthros and Divine Liturgy (Both Churches)	21 6:00 p.m. Anointing of Sick (St. Catherine)	22 6:00 p.m. Anointing of Sick (St. Demetrios)	23 6:00 p.m. Paraklesis (St. Demetrios)	24 1:00 p.m. Kyklos (Bible Study in Greek) and Lunch (St. Demetrios)	25 Annual Festival of Sts. Catherine and George 5:00 p.m. - 11:00 p.m.	26 The Falling Asleep of St John the Evangelist 8.00 a.m. Orthros & Divine Liturgy (St. Demetrios) Annual Festival of Sts. Catherine and George 12:00 p.m. - 11:00 p.m.
27 1st Sunday of Luke 8:00 a.m. Orthros and Divine Liturgy (Both Churches) Annual Festival of Sts. Catherine and George 11:00 a.m. - 10:00 p.m.	28 6:00 p.m. - 8:00 p.m. Holy Confession with Fr. Anargyros (St. Demetrios)	29	30 6:00 p.m. Paraklesis (St. Demetrios)			

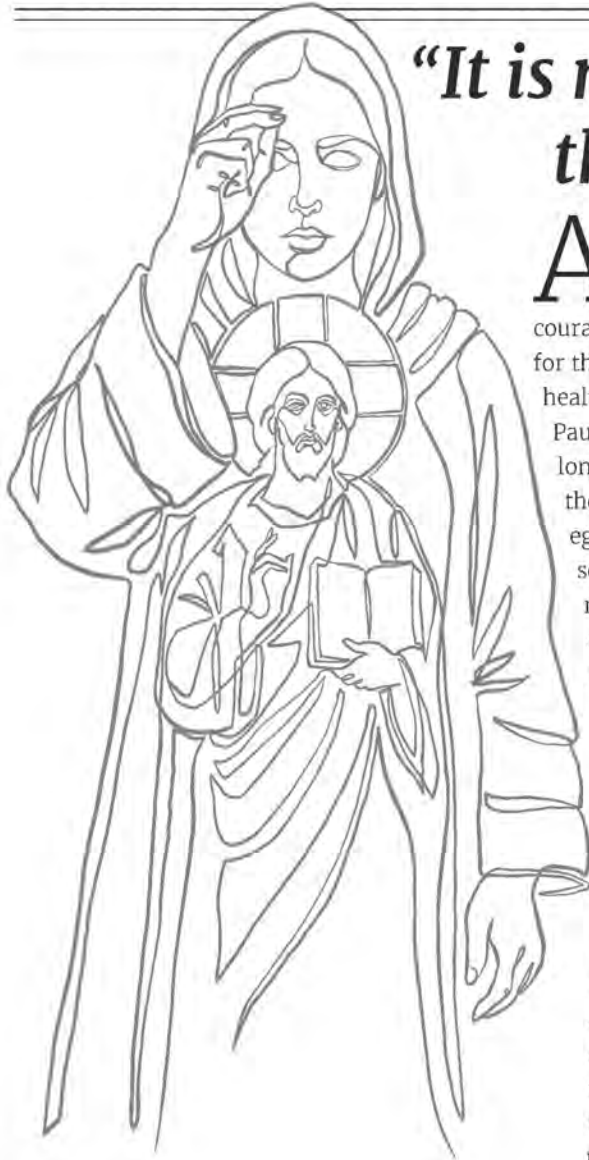


DIAKONIA

A National Ministry of the Greek Orthodox Archdiocese of America

REFLECTIONS FROM TODAY'S READING | *Galatians 2:16-20*

Fr. George Parsenios (HCHC '96)



**“It is no longer
the ‘ego’ that lives.”**

A healthy, balanced ego is essential for being a healthy, balanced Christian. God does not want his followers to be timid souls filled with self-loathing. He wants strong and courageous personalities who are so confident in the love of God for them that they share His love generously with others. But a healthy ego is not egotistical. And removing egotism is what St. Paul has in mind in today's epistle reading when he says, “It is no longer I who live, but Christ who lives in me” (Gal. 2:20). Here, the word “I” is in Greek *egō*. Distinguishing between a healthy ego and unholy egotism requires wisdom and a great deal of self-examination. Two things are helpful to consider. First, we must remember to pray for our enemies. St. John Chrysostom says that St. Paul prayed more for his enemies than others pray against their enemies. Egotism makes us think that crimes against us are unforgivable. A healthy ego will defend itself against abuse, as both Jesus and St. Paul did during their ministries. But Christ said from the cross, “Father, forgive them for they know not what they do.” In the same spirit, St. Paul said, “When reviled, we bless.” Praying for enemies crucifies egotism. Second, we must imitate the example of Christ, who came not to be served, but to serve (Mark 10:45). The world does not exist to be dominated but to be served. Do we always need to point out where others are wrong? Can we not rather find ways to respect others with differing opinions? Do we squeeze every penny from business transactions? Should we not instead strive to find ways to be fair to all sides? St. Paul would rather be wronged than disturb the harmony of the Church (1 Cor 6). We must do likewise.

Fr. George Parsenios is Professor of New Testament at Holy Cross Greek Orthodox School of Theology. www.hchc.edu

Leadership 100

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FROM THE ORIGINAL GREEK: Dioikêsis (Διοίκησις)

What does “Diocese” mean?

Fr. George Parsenios (HCHC '96)



The English word “diocese” is a compound of two Greek elements: the prefix *dia*, “for the sake of” and the term *oikos*, “house.” In its most basic sense, *dioikêsis* refers to “household administration,” and it eventually came to mean simply “administration” of any kind. At the height of the Roman Empire, the term *dioikêsis* was a label for administrative territories, especially districts organized for the collection of taxes. When the Roman Empire became a Christian empire following the conversion

of St. Constantine, church administration imitated imperial administration. Christian bishops had always been connected to particular cities or regions, and soon the term that defined the region of a bishop carried the name “diocese,” borrowing the language of imperial administrative units. The term “diocese” is not used, however, in the Greek-speaking Church today; instead, the words “metropolis” or “eparchy” designate episcopal regions. In English-speaking countries, however, the Orthodox Church often follows standard English usage by employing “diocese” and “archdiocese” for episcopal sees.

THIS WEEK’S LOOK AT CHURCH HISTORY

The Maliotis Cultural Center (MCC)

Ben Malian, MTS-Holy Cross 2026

On September 19th, 1976, a ribbon-cutting ceremony was held for the Maliotis Cultural Center (MCC) at Hellenic College Holy Cross. Costing roughly one million dollars to construct, the new multi-purpose center—brilliantly wrapped in Pentelic marble and featuring a 350-seat auditorium, two 150-seat lecture halls, and a spacious 3,250 sq. ft. lobby—represented a significant investment in the future of Hellenic College Holy Cross.

Its grand opening also marked a major milestone for the large Greek Orthodox community of Boston, evidenced by the attendance of Sen. Edward Kennedy (MA), Rep. Thomas O’Neill (MA), Rep. John Brademas (IN), and the Ambassadors to the U.S. of Greece and Cyprus.

Costas “Charles” Maliotis emigrated from Crete as a young man in 1915. After serving in the U.S. Army in WWI, he organized several successful business ventures and became a pillar of Boston’s Greek Orthodox community. Alongside his wife, Mary, Maliotis was responsible for funding numerous philanthropic endeavors both here and abroad. Recently renovated, MCC remains a treasured venue for hosting academic conferences, exhibiting art installations, and celebrating Hellenic culture.



Brademas, Kennedy, Archbishop Iakovos, Mrs. and Mr. Maliotis, and O’Neill. Donald Hay, *Orthodox Observer*, Sept. 1976.

Baptism Requires a Personal Response

Fr. Anthony M. Coniaris (1926–2023)

Baptism demands a personal response on the part of the baptized child when it grows up. The child must accept what God did for him or her in baptism. Baptism is not a divine pass that will get us into heaven automatically. Dr. Nikos Nissiotis, a well-known Orthodox theologian, once said, “A baptized Christian—especially in the Churches in which infant baptism is practiced—needs to make a personal decision regarding the Christian faith which he has passively inherited from his Christian environment.”

Any relationship must be developed by two parties. The baptized infant has not yet developed a relationship with God. But one party in the relationship has already taken the initiative: God loves us from the first moment of our conception. He takes the initiative to establish the relationship. Infant baptism is an expression of God's wooing love from the first moment of life.

As the child becomes aware of faith in Jesus Christ, he looks back and realizes that something or someone led him to this act of faith. Eventually, he realizes that it all began back there in baptism when God came to him. At that moment he must make a personal response to God, committing his life to Him.

One does not become a Christian automatically. Fr. Alexander Schmemmann, a respected Orthodox theologian, said, “It is not mere belonging to the Church that saves, for there is no magic in Christianity, but the acceptance of the Spirit of



Christ.” St. Peter said, “Repent, and every one of you must be baptized in the name of Jesus Christ for the forgiveness of your sins, and you will receive the gift of the Holy Spirit” (Acts 2:38). To become truly a Christian, one must agree freely to be converted, to repent, to turn to Christ, and accept His Holy Spirit.

There is no end to baptism; it is ongoing – a lifelong journey. The sins committed following baptism also need to be washed away by water, but this time it is the water of our tears, the tears of repentance. As we renounced the evil one in baptism and united ourselves to Christ, so we need to keep saying “yes” to Jesus and “no” to Satan many times each day as we go through life.



YOUR FAITH IN ACTION

Take one minute today to renew your baptism by saying: “Lord Jesus Christ, I choose You again today. Help me say ‘yes’ to You and ‘no’ to sin in my thoughts, words, and actions.” Then make one specific choice that reflects that commitment.