

# ΕΛΛΗΝΙΚΗ ΟΡΘΟΔΟΞΟΣ ΚΟΙΝΟΤΗΣ ΑΣΤΟΡΙΑΣ

## Hellenic Orthodox Community of Astoria



His Grace Bishop Athenagoras of Nazianzos,  
Archiepiscopal Vicar of Astoria  
Protopresbyter Anargyros Stavropoulos, Proestamenos  
V. Rev. Archimandrite Petros Gomez, Assistant Priest  
Rev. Presbyter Gregory Gounardes, Assistant Priest  
Mr. Nikolaos Papaioannou, Parish Council President

**SAINT DEMETRIOS CATHEDRAL**    **STS. CATHERINE & GEORGE CHURCH**  
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**ΚΥΡΙΑΚΗ 26 ΑΠΡΙΛΙΟΥ 2026 - SUNDAY, APRIL 26, 2026**  
**ΚΥΡΙΑΚΗ ΤΩΝ ΜΥΡΟΦΟΡΩΝ - SUNDAY OF THE MYRRH-BEARERS**

### Message from the Archiepiscopal Vicar of Astoria

*Sunday of the Myrrh-Bearing Women - April 26*  
*(Mark 15:43-47; 16:1-8)*

Beloved brothers and sisters in Christ, **Christ is Risen!**

This Sunday, our Church presents to us the Myrrh-Bearing Women, that is, the Panagia and the women who faithfully followed Christ. These are the women who did not abandon Him, not even at the Cross. After the Crucifixion, we witness something remarkable: their love does not retreat in the face of fear.

These courageous women, the Myrrh-Bearers, set out for the tomb at the first light of day, carrying the spices they had carefully prepared. They have questions, uncertainty, even fear. They do not know how the stone will be moved or what they will encounter. Yet love does not allow them to remain still. And so they go to the tomb, because their hearts lead them there.

Through their simple faithfulness, they first hear the joyful news: Christ is risen.

This is the lesson for all of us.

God does not ask us to have everything figured out. He does not wait for perfect faith. He blesses those who come with sincerity and love. The Myrrh-Bearers were unsure and even afraid. Yet they came. Because they came, they encountered the Resurrection.

How often do we find ourselves hesitating? We tell ourselves that we will act when we feel more prepared, more certain, more confident. Yet the Gospel shows us another way. We often believe that faith in the resurrected Lord begins when everything is in place. The truth is that it begins with a small step, taken with sincerity and love.

Message from the Archbishopal Vicar of Astoria (*Continued*)

If we look around our own community, we can see this kind of faith lived out quietly each day. There are those who serve without drawing attention to themselves, who pray, who care, who give of their time and heart in simple ways. And in a special way, we are grateful for the women of our parish, who so often carry and sustain the life of the Church with steady devotion and love. They are the mothers and grandmothers who, with selfless love and genuine faith, keep the candle of Orthodoxy burning in the souls of their children and grandchildren. Today, we give thanks for them and recognize their sacred and missionary work.

This week, let us each take a simple but deliberate step closer to Christ: come to Him as you are, reach out with love, no matter how small your offering may seem, and live your faith with courage.

Come to Christ as you are, even with doubts.

Offer something small with love.

Do not be afraid to live your faith with courage.

The stone was rolled away not for Christ, but for us, so we may see and believe.

May we follow their example, and may the joy of the Resurrection fill our hearts.

With paternal love in the Risen Lord,  
† Bishop Athenagoras of Nazianzo



**Welcome to the Hellenic Orthodox Community  
of Sts. Demetrios, Catherine and George!**

We welcome all our visitors this Sunday morning and we thank you for praying with us during the Divine Liturgy. **While Holy Communion may only be received by prepared and baptized Orthodox Christians**, our non-Orthodox guests are welcome to join us in receiving blessed bread (Antidoron) from the priest at the conclusion of the Divine Liturgy.



*To follow along during our Divine  
Services please scan the QR Code:*



*Κυριακή των Μυροφόρων - 26 Απριλίου  
(Μάρκος 15:43-47; 16:1-8)*

Αγαπητοί αδελφοί και αδελφές εν Χριστώ, Χριστός Ανέστη!

Αυτή την Κυριακή, η Εκκλησία μας παρουσιάζει τις Μυροφόρες γυναίκες, δηλαδή την Παναγία και τις γυναίκες που ακολουθούσαν πιστά τον Χριστό. Αυτές οι γυναίκες που δεν τον εγκατέλειψαν ούτε στο Σταυρό. Μετά τη Σταύρωση, βλέπουμε κάτι θαυμαστό: *Η αγάπη τους δεν υποχωρεί μπροστά στον φόβο.*

Αυτές οι γενναίες γυναίκες, οι Μυροφόρες, με το πρώτο φως της ημέρας, πηγαίνουν στον τάφο, κρατώντας τα αρώματα που είχαν ετοιμάσει με φροντίδα. Έχουν απορίες, αβεβαιότητα, ακόμη και φόβο. Δεν γνωρίζουν πώς θα μετακινήσουν τον βαρύ λίθο ούτε τι θα αντικρίσουν. Όμως η αγάπη δεν τις αφήνει να μείνουν άπραγες. Και έτσι πηγαίνουν στον τάφο, επειδή η καρδιά τους τις οδηγεί εκεί.

Η απλή αλλά γνήσια πίστη τους τις κάνει να είναι οι πρώτες που ακούν το χαρμόσυνο μήνυμα: *Χριστός ανέστη.*

Αυτό είναι το μήνυμα για όλους μας.

Ο Θεός δεν μας ζητά να τα έχουμε κατανοήσει όλα. Δεν περιμένει την τέλεια πίστη. Ευλογεί εκείνους που προσέρχονται σε Αυτόν με ειλικρίνεια και αγάπη. Οι Μυροφόρες είχαν αβεβαιότητα και φόβο. Κι όμως πήγαν στον τάφο του Χριστού. Και επειδή είχαν το θάρρος να πάνε, συνάντησαν την Ανάσταση.

Πόσες φορές διστάζουμε και εμείς; Λέμε ότι θα πιστέψουμε περισσότερο όταν νιώσουμε πιο έτοιμοι, πιο σίγουροι, πιο δυνατοί. Κι όμως το Ευαγγέλιο μας δείχνει έναν άλλο δρόμο. Συχνά νομίζουμε ότι η πίστη αρχίζει όταν όλα είναι τακτοποιημένα. Η αλήθεια είναι ότι η πίστη στον αναστημένο Κύριο αρχίζει με ένα μικρό βήμα, που γίνεται με ειλικρίνεια και αγάπη.

Αν κοιτάξουμε γύρω μας στην κοινότητά μας, θα δούμε αυτή την πίστη να ζει σιωπηλά κάθε μέρα. Υπάρχουν άνθρωποι που υπηρετούν χωρίς να προβάλλονται, που προσεύχονται, που φροντίζουν, που προσφέρουν τον χρόνο και την καρδιά τους με απλό τρόπο. Και με έναν ιδιαίτερο τρόπο, ευγνωμονούμε τις γυναίκες της ενορίας μας, που τόσο συχνά στηρίζουν και κρατούν ζωντανή τη ζωή της Εκκλησίας με σταθερή αφοσίωση και αγάπη. Είναι οι μάνες και οι γιαγιές που με άδολη αγάπη και γνήσια πίστη κρατούν αναμμένη τη λαμπάδα της Ορθοδοξίας στις ψυχές των παιδιών και των εγγονών τους. Τις ευγνωμονούμε σήμερα και αναγνωρίζουμε το ιεραποστολικό και άγιο έργο τους.

Αυτή την εβδομάδα, ας κάνει ο καθένας μας ένα απλό αλλά συνειδητό βήμα πιο κοντά στον Χριστό: να προσέλθουμε όπως είμαστε, να απλώσουμε το χέρι με αγάπη, όσο μικρή κι αν φαίνεται η προσφορά μας, και να βιώσουμε την πίστη μας με θάρρος.

Έλα στον Χριστό όπως είσαι, ακόμη και με τις αμφιβολίες σου.

Πρόσφερε κάτι μικρό με αγάπη.

Μη φοβάσαι να ζήσεις την πίστη σου με θάρρος.

Ο λίθος δεν κυλίστηκε για τον Χριστό, αλλά για εμάς, ώστε να δούμε και να πιστέψουμε και η χαρά της Αναστάσεως να γεμίσει τις καρδιές μας.

Με την αγάπη του αναστημένου Χριστού και ευχές πατρικές,  
† Ο Ναζιανζού Αθηναγόρας



**Troparion for the Feast  
Plagal First Mode**

Christ is risen from the dead, by death trampling down upon death, and to those in the tombs He has granted life.

Χριστὸς ἀνέστη ἐκ νεκρῶν, θανάτῳ θάνατον πατήσας, καὶ τοῖς ἐν τοῖς μνήμασι, ζωὴν χαρισάμενος.

**Resurrectional Apolytikion  
Second Mode**

When You descended unto Death, O Lord, You who are immortal Life put Hades to death, by the lightning of Your divinity. And when You raised the dead from the netherworld, all the hosts of heaven sang aloud to You, “O Christ God, Giver of life, glory to You!”

Ὅτε κατήλθες πρὸς τὸν θάνατον, ἡ ζωὴ ἡ ἀθάνατος, τότε τὸν ἄδην ἐνέκρωσας, τῇ ἀστραπῇ τῆς θεότητος· ὅτε δὲ καὶ τοὺς τεθνεῶτας, ἐκ τῶν καταχθονίων ἀνέστησας, πᾶσαι αἱ δυνάμεις τῶν ἐπουρανίων ἐκραύγαζον· Ζωοδότα Χριστέ, ὁ Θεὸς ἡμῶν δόξα σοι.

**Apolytikion  
Second Mode**

When he took down Your immaculate Body from the Cross, the honorable Joseph wrapped it in a clean linen shroud with spices and laid it for burial in a new tomb. But on the third day You rose, O Lord, and granted to the world the great mercy.

Ὁ εὐσχήμων Ἰωσήφ, ἀπὸ τοῦ ξύλου καθελὼν, τὸ ἄχραντὸν σου Σῶμα, σινδόνι καθαρᾷ εἰλήσας καὶ ἀρώμασιν, ἐν μνήματι καινῷ κηδεύσας ἀπέθετο· ἀλλὰ τριήμερος ἀνέστης, Κύριε, παρέχων τῷ κόσμῳ τὸ μέγα ἔλεος.

**Apolytikion  
Second Mode**

The Angel who had come to the sepulcher said to the Myrrh-bearing women, “Ointments are appropriate for mortal men; but Christ is indeed a stranger to decay. Now go proclaim that the Lord has risen and granted to the world the great mercy.”

Ταῖς Μυροφόροις γυναιξί, παρὰ τὸ μνήμα ἐπιστάς, ὁ Ἄγγελος ἐβόα· Τὰ μύρα τοῖς θνητοῖς ὑπάρχει ἀρμόδια· Χριστὸς δὲ διαφθορᾶς ἐδείχθη ἀλλότριος· ἀλλὰ κραυγάσατε· Ἀνέστη ὁ Κύριος, παρέχων τῷ κόσμῳ τὸ μέγα ἔλεος.

**Kontakion in the  
Plagal Fourth Mode**

Though You went down into the tomb, O Immortal One, yet You brought down the dominion of Hades; and You rose as the victor, O Christ our God; and You called out “Rejoice” to the Myrrh-bearing women, and gave peace to Your Apostles, O Lord who to the fallen grant resurrection.

Εἰ καὶ ἐν τάφῳ κατήλθες Ἀθάνατε, ἀλλὰ τοῦ ἄδου καθεῖλες τὴν δύναμιν· καὶ ἀνέστης ὡς νικητής, Χριστέ ὁ Θεός, γυναιξί Μυροφόροις φθεγξάμενος, Χαίρετε, καὶ τοῖς σοῖς Ἀποστόλοις εἰρήνην δωρούμενος, ὁ τοῖς πεσοῦσι παρέχων ἀνάστασιν.

*Μνημόσυνα Κοριακής*  
*Αγίου Δημητρίου*  
*Memorials - St Demetrios Cathedral*

4/26/2026



Όλγας Πανταζή  
Ηλία Χατζηπετράτου  
Βασιλικής Γιαννούλα  
Παναγιώτου, Κλεοπάτρας  
Κωνσταντίνου & Αικατερίνης

*Μνημόσυνα Κοριακής*  
*Αγίων Αικατερίνης και Γεωργίου*  
*Memorials – Saints Catherine & George*

4/26/2026



Βασιλείου Λάππα  
Ιωάννου Αντωνίου  
Γεωργίου Μιστριδη  
Ευγενίου Μπέζα  
Δημητρίου Στεφάνου  
Βασιλείου Τσιτσίνου  
Στεργίου Παγουνίδη  
Σοφίας Ιωαννίδου  
Τηλεμάχου Λουκά  
Αθηνάς Χαρίτου  
Μάρκου Μαρκάκη

Κυριακή τῶν Μυροφόρων  
Sunday of Myrrh-bearers  
Epistle Reading

**Προκείμενον. Ἦχος β΄. Ψαλμὸς 117.**

Ἰσχύς μου καὶ ὕμνησίς μου ὁ Κύριος, καὶ ἐγένετό μοι εἰς σωτηρίαν.

Στίχ. Παιδεύων ἐπαίδευσέ με ὁ Κύριος, καὶ τῷ θανάτῳ οὐ παρέδωκέ με.

**Πράξεων τῶν Ἀποστόλων τὸ ἀνάγνωσμα**  
**(6:1 – 7) τὸ ἀνάγνωσμα**

Ἐν ταῖς ἡμέραις ἐκείναις, πληθυνόντων τῶν μαθητῶν ἐγένετο γογγυσμὸς τῶν Ἑλληνιστῶν πρὸς τοὺς Ἑβραίους, ὅτι παρεθεωροῦντο ἐν τῇ διακονίᾳ τῇ καθημερινῇ αἱ χῆραι αὐτῶν. προσκαλεσάμενοι δὲ οἱ δώδεκα τὸ πλῆθος τῶν μαθητῶν εἶπον· οὐκ ἄρεστόν ἐστιν ἡμᾶς καταλείψαντας τὸν λόγον τοῦ Θεοῦ διακονεῖν τραπέζαις. ἐπισκέψασθε οὖν, ἀδελφοί, ἄνδρας ἐξ ὑμῶν μαρτυρουμένους ἐπτά, πλήρεις Πνεύματος Ἁγίου καὶ σοφίας, οὓς καταστήσομεν ἐπὶ τῆς χρείας ταύτης· ἡμεῖς δὲ τῇ προσευχῇ καὶ τῇ διακονίᾳ τοῦ λόγου προσκαρτερήσομεν. καὶ ἤρρεσεν ὁ λόγος ἐνώπιον παντὸς τοῦ πλήθους· καὶ ἐξελέξαντο Στέφανον, ἄνδρα πλήρη πίστεως καὶ Πνεύματος Ἁγίου, καὶ Φίλιππον καὶ Πρόχορον καὶ Νικάνορα καὶ Τίμονα καὶ Παρμενᾶν καὶ Νικόλαον προσήλυτον Ἀντιοχέα, οὓς ἔστησαν ἐνώπιον τῶν ἀποστόλων, καὶ προσευζάμενοι ἐπέθηκαν αὐτοῖς τὰς χεῖρας. καὶ ὁ λόγος τοῦ Θεοῦ ἠύξανε, καὶ ἐπληθύνετο ὁ ἀριθμὸς τῶν μαθητῶν ἐν Ἱερουσαλὴμ σφόδρα, πολὺς τε ὄχλος τῶν Ἰουδαίων ὑπήκουον τῇ πίστει.

**Prokeimenon. Mode 2. Psalm 117.**

The Lord is my strength and my song, and He became my salvation.

Verse: *The Lord chastened and corrected me, but He did not give me up to death.*

**The reading is from the Acts of the Apostles**  
**(6:1 – 7)**

In those days, when the disciples were increasing in number, the Hellenists murmured against the Hebrews because their widows were neglected in the daily distribution. And the twelve summoned the body of the disciples and said, “It is not right that we should give up preaching the word of God to serve tables. Therefore, brethren, pick out from among you seven men of good repute, full of the Spirit and of wisdom, whom we may appoint to this duty. But we will devote ourselves to prayer and to the ministry of the word.” And what they said pleased the whole multitude, and they chose Stephen, a man full of faith and of the Holy Spirit, and Philip, and Prochorus, and Nicanor, and Timon, and Parmenas, and Nicolaus, a proselyte of Antioch. These they set before the apostles, and they prayed and laid their hands upon them. And the word of God increased; and the number of the disciples multiplied greatly in Jerusalem, and a great many of the priests were obedient to the faith.

Gospel Reading

**Ἐκ τοῦ κατὰ Μάρκον (15:43 – 16:8) ἁγίου**  
**Εὐαγγελίου τὸ ἀνάγνωσμα**

Τῷ καιρῷ ἐκείνῳ ἐλθὼν Ἰωσήφ ὁ ἀπὸ Ἀριμαθαίας, εὐσχήμων βουλευτής, ὃς καὶ αὐτὸς ἦν προσδεχόμενος τὴν βασιλείαν τοῦ Θεοῦ, τολμήσας εἰσηλθε πρὸς Πιλάτον καὶ ἠτήσατο τὸ σῶμα τοῦ Ἰησοῦ. ὁ δὲ Πιλάτος ἐθαύμασεν εἰ ἤδη τέθνηκε, καὶ προσκαλεσάμενος τὸν

**The reading is from the holy Gospel according to Mark (15:43 – 16:8)**

At that time, Joseph of Arimathea, a respected member of the council, who was also himself looking for the kingdom of God, took courage and went to Pilate, and asked for the body of Jesus. And Pilate wondered .if he were already dead; and summoning the centurion,

κεντυρίωνα ἐπηρώτησεν αὐτὸν εἰ πάλαι ἀπέθανε· καὶ γνοὺς ἀπὸ τοῦ κεντυρίωνος ἔδωρήσατο τὸ σῶμα τῷ Ἰωσήφ. καὶ ἀγοράσας σινδόνα καὶ καθελὼν αὐτὸν ἐνείλησε τῇ σινδόνι καὶ κατέθηκεν αὐτὸν ἐν μνημείῳ, ὃ ἦν λελατομημένον ἐκ πέτρας, καὶ προσεκύλισε λίθον ἐπὶ τὴν θύραν τοῦ μνημείου. ἡ δὲ Μαρία ἡ Μαγδαληνὴ καὶ Μαρία Ἰωσῆ ἐθεώρουν ποῦ τίθεται. Καὶ διαγενομένου τοῦ σαββάτου Μαρία ἡ Μαγδαληνὴ καὶ Μαρία ἡ τοῦ Ἰακώβου καὶ Σαλώμη ἠγόρασαν ἀρώματα ἵνα ἐλθοῦσαι ἀλείψωσιν αὐτόν. καὶ λίαν πρωτὶ τῆς μιᾶς σαββάτων ἔρχονται ἐπὶ τὸ μνημεῖον, ἀνατείλαντος τοῦ ἡλίου. καὶ ἔλεγον πρὸς ἑαυτάς· τίς ἀποκυλίσει ἡμῖν τὸν λίθον ἐκ τῆς θύρας τοῦ μνημείου; καὶ ἀναβλέψασαι θεωροῦσιν ὅτι ἀποκεκύλισται ὁ λίθος· ἦν γὰρ μέγας σφόδρα. καὶ εἰσελθοῦσαι εἰς τὸ μνημεῖον εἶδον νεανίσκον καθήμενον ἐν τοῖς δεξιοῖς, περιβεβλημένον στολὴν λευκὴν, καὶ ἐξεθαμβήθησαν. ὁ δὲ λέγει αὐταῖς· μὴ ἐκθαμβεῖσθε· Ἰησοῦν ζητεῖτε τὸν Ναζαρηνὸν τὸν ἐσταυρωμένον· ἠγέρθη, οὐκ ἔστιν ὧδε· ἴδε ὁ τόπος ὅπου ἔθηκαν αὐτόν. ἀλλ' ὑπάγετε εἶπατε τοῖς μαθηταῖς αὐτοῦ καὶ τῷ Πέτρῳ ὅτι προάγει ὑμᾶς εἰς τὴν Γαλιλαίαν· ἐκεῖ αὐτὸν ὄψεσθε, καθὼς εἶπεν ὑμῖν. καὶ ἐξελθοῦσαι ἔφυγον ἀπὸ τοῦ μνημείου· εἶχε δὲ αὐτὰς τρόμος καὶ ἔκστασις, καὶ οὐδενὶ οὐδὲν εἶπον· ἐφοβοῦντο γάρ.

he asked him whether he had been dead for some time. And when he learned from the centurion that he was dead, he granted the body to Joseph. And he bought a linen shroud, and taking him down, wrapped him in the linen shroud, and laid him in a tomb which had been hewn out of the rock; and he rolled a stone against the door of the tomb. Mary Magdalene and Mary the mother of Joseph saw where he was laid. And when the sabbath was past, Mary Magdalene, and Mary the mother of James, and Salome, bought spices, so that they might go and anoint him. And very early on the first day of the week they went to the tomb when the sun had risen. And they were saying to one another, “Who will roll away the stone for us from the door of the tomb?” And looking up, they saw that the stone was rolled back; for it was very large. And entering the tomb, they saw a young man sitting on the right side, dressed in a white robe; and they were amazed. And he said to them, “Do not be amazed; you seek Jesus of Nazareth, who was crucified. He has risen, he is not here; see the place where they laid him. But go, tell his disciples and Peter that he is going before you to Galilee; there you will see him, as he told you.” And they went out and fled from the tomb; for trembling and astonishment had come upon them; and they said nothing to anyone, for they were afraid.

## STEWARDSHIP MINISTRY—MEMBERSHIP 2026

We express our deepest appreciation to you for your continued support to our community by renewing your stewardship pledge for the current year. Your contribution is greatly appreciated and assists us in the maintenance of the community's programs and services. We are also grateful for all your moral support and participation in your community life. May the blessings of our Lord be with you and your family. We wish you healthy and renewed strength for this New Year! We thank the **182** parish families who have fully/partially fulfilled their stewardship/membership commitment to Saint Demetrios Cathedral/Sts. Catherine & George Greek Orthodox Church as of 2026.

## ΠΡΟΓΡΑΜΜΑ ΕΚΟΥΣΙΑΣ ΕΙΣΦΟΡΑΣ 2026

Εκφράζουμε βαθύτατες ευχαριστίες για την υποστήριξή σας στην κοινότητά μας μέσω της ανανέωσης της ετήσιας εισφοράς σας για το τρέχον έτος. Η συμβολή σας είναι εξαιρετικά σημαντική στη διατήρηση των προγραμμάτων και των υπηρεσιών της κοινότητας. Είμαστε ευγνώμονες για όλη την ηθική υποστήριξή σας και τη συμμετοχή σας στη ζωή της κοινότητάς μας. Είθε ο Κύριος να σκέπει εσάς και την οικογένειά σας. Ευχόμαστε υγεία και δύναμη για το Νέο Έτος! Ευχαριστούμε τις **182** οικογένειες που έχουν πλήρως ή μερικώς προσφέρει την συνδρομή τους για το 2026 στον Καθεδρικό Ναό του Αγίου Δημητρίου και στην Ελληνορθόδοξη Εκκλησία Αγίων Αικατερίνης και Γεωργίου.



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We are pleased to announce that our Bible Study will resume on Thursday, April 30, at the Cathedral of Saint Demetrios. The Greek session will take place at 1:00 p.m., followed by a light lunch, and the English session will begin at 5:00 p.m. All are welcome to attend.

Με χαρά ανακοινώνουμε ότι ο Κύκλος μελέτης Αγίας Γραφής θα επαναρχίζει την Πέμπτη 30 Απριλίου στον Καθεδρικό Ναό του Αγίου Δημητρίου. Η συνάντηση στα ελληνικά θα πραγματοποιηθεί στη 1:00 μ.μ., και θα ακολουθήσει γεύμα, ενώ η συνάντηση στα αγγλικά θα ξεκινήσει στις 5:00 μ.μ. Όλοι είναι ευπρόσδεκτοι.

**Κυριακή 26 Απριλίου 2026**

**ΚΥΡΙΑΚΗ ΤΩΝ ΜΥΡΡΟΦΟΡΩΝ**

I. N. ΑΓΙΟΥ ΔΗΜΗΤΡΙΟΥ - I. N. Α-  
ΓΙΩΝ ΑΙΚΑΤΕΡΙΝΗΣ & ΓΕΩΡΓΙΟΥ  
**8:00 π.μ.** Όρθρος, Θεία Λειτουργία,  
Μνημόσυνα και Κατηχητικό σχολείο

**1:30 μ.μ.** Παρέλαση στην 5η  
Λεωφόρο, Μανχάταν

**Τετάρτη 29 Απριλίου 2026**

I. N. ΑΓΙΟΥ ΔΗΜΗΤΡΙΟΥ  
**6:00 μ.μ.** Τερά Παράκληση

**Πέμπτη 30 Απριλίου 2026**

I. N. ΑΓΙΟΥ ΔΗΜΗΤΡΙΟΥ  
**1:00 μ.μ.** Μελέτη Αγίας Γραφής στα  
Έλληνικά και γεύμα  
**5:00 μ.μ.** Μελέτη Αγίας Γραφής στα  
Άγγλικά

**Παρασκευή 1 Μαΐου 2026**

I. N. ΑΓΙΟΥ ΔΗΜΗΤΡΙΟΥ - I. N. Α-  
ΓΙΩΝ ΑΙΚΑΤΕΡΙΝΗΣ & ΓΕΩΡΓΙΟΥ  
**9:00 π.μ.** Μικρός άγιασμός

**Κυριακή 3 Μαΐου 2026**

**ΚΥΡΙΑΚΗ ΤΟΥ ΠΑΡΑΛΥΤΟΥ**

I. N. ΑΓΙΟΥ ΔΗΜΗΤΡΙΟΥ - I. N. Α-  
ΓΙΩΝ ΑΙΚΑΤΕΡΙΝΗΣ & ΓΕΩΡΓΙΟΥ  
**8:00 π.μ.** Όρθρος, Θεία Λειτουργία,  
Μνημόσυνα και Κατηχητικό σχολείο

**Sunday, April 26, 2025**

**SUNDAY OF THE MYRRH-  
BEARING WOMAN**

SAINT DEMETRIOS - SAINTS CATH-  
ERINE & GEORGE  
**8:00 a.m.** Orthros, Divine Liturgy, Me-  
morials and Sunday school

**1:30 p.m.** Greek Parade on 5th  
Avenue, Manhattan

**Wednesday, April 29, 2026**

SAINT DEMETRIOS  
**6:00 p.m.** Holy Paraklesis

**Thursday, April 30, 2026**

SAINT DEMETRIOS  
**1:00 p.m.** Kyklos (Bible Study in Greek)  
and Lunch  
**5:00 p.m.** Bible Study in English

**Friday, May 1, 2026**

SAINT DEMETRIOS - SAINTS CATH-  
ERINE & GEORGE  
**9:00 a.m.** Agiasmos

**Sunday, May 3, 2025**

**SUNDAY OF PARALYTIC**

SAINT DEMETRIOS - SAINTS CATH-  
ERINE & GEORGE  
**8:00 a.m.** Orthros, Divine Liturgy, Me-  
morials and Sunday school

**FIVE YEAR  
ANNIVERSARY**

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**Detective Anastasios Tsakos**



**Monday April 27, 2026**

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**Saint Demetrios Greek Orthodox Cathedral**

**30-11 30th Drive, Astoria, NY 11102**

**10:30am**

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**Street Renaming Ceremony**

**Corner of 23rd Avenue and 42nd Street, Astoria, NY 11105**

**12:00pm**

# THE HELLENIC ORTHODOX COMMUNITY OF ASTORIA SAINT DEMETRIOS OF ASTORIA GREEK FESTIVAL

## FESTIVAL HOURS

THURSDAY

**MAY 14**

5PM - 11PM

30-11 30<sup>th</sup> Drive, Astoria, NY 11102

FRIDAY

**MAY 15**

5PM - 11PM

SATURDAY

**MAY 16**

1PM - 11PM

[www.saintdemetriosastoria.com](http://www.saintdemetriosastoria.com)

SUNDAY

**MAY 17**

12PM - 10PM



***Come Hungry Leave Happy!***

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FAITH • FAMILY • COMMUNITY  
RAFFLES**

**OPA!**

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GREEK  
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SCAN THE QR CODE TO FILL OUT OUR FORM





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*Higher Learning Starts Here*



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Rigorous academics rooted in Hellenism & Orthodox Christian values

Graduate with up to 36 college credits



Ivy League acceptances three years in a row

Students admitted to Columbia, Cornell, Brown, NYU & Carnegie Mellon, Princeton, Macaulay Honors College and more...

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22-30 33 Street  
Astoria, NY

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Astoria, NY

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[www.sdprep.org](http://www.sdprep.org)

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# GREEK JERSEY NIGHT

FUNDRAISER BENEFITTING CAMP ST. PAUL



camp  
saint  
paul

CHICAGO  
WHITE SOX VS. NEW YORK  
YANKEES

DON'T MISS THIS UNIQUE PROMOTION AT YANKEE STADIUM

**JUNE 18, 2026 @ 7:05PM**

THE SAINT DEMETRIOS PTA INVITES YOU TO

## Ladies NIGHT

AT MELROSE BALLROOM

JOIN US FOR AN EVENING OF FOOD, DRINKS, DANCING,  
AND FANTASTIC RAFFLE PRIZES

**THURSDAY, MAY 7<sup>TH</sup> AT 7 PM**

\$135 through Cheddar Up  
(\$160 at the door)

Price includes food & full open bar

Music by



ALEX KOUROS

Cheddar Up Link:

<https://my.cheddarup.com/c/>

st-demetrius-pta-ladies-night-25263/items

36-08 33<sup>rd</sup> Street, LIC NY



SAINT DEMETRIOS OF ASTORIA  
LADIES PHILOPTOCHOS SOCIETY  
"ST. CATHERINE"

SAVE THE DATE

## Tea Party

**MAY 9, 2026**

Sts. Catherine & George Church  
Nick Andriotis Hall  
22-30 33<sup>RD</sup> ST.  
ASTORIA, NY 11105

RONALD MCDONALD HOUSE NEW YORK, GREEK DIVISION

# Niki Sideris 31<sup>st</sup> Annual Walk & Spring Festival



Ronald McDonald House New York | 405 East 73rd Street, New York, NY 10021

**Saturday, May 2, 2026**

**\$30 per Participant**

**Registration begins at 9 AM | Walk starts promptly at 11 AM**

**Live Music by Pelagos Entertainment**

**Food and T-Shirts (while supplies last)**

**Event concludes at 2 PM**

Free bus service from Saint Demetrios Astoria. Departure 9:15 am

Please reserve a seat by emailing [office@sdprep.org](mailto:office@sdprep.org)

**Chairperson: Kalomira Sarantis-Boosalis**

Bus Transportation  
will be provided at  
various locations.

Please call to  
reserve:  
929-697-2438



**Questions? Contact the Greek Division**

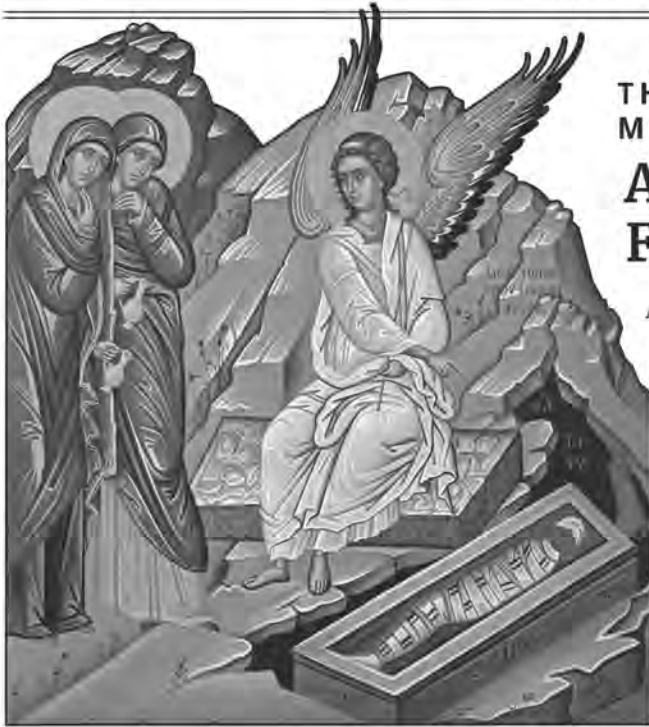
[rmh-newyork.org/greekwalk](http://rmh-newyork.org/greekwalk)

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### THE SUNDAY OF THE MYRRH-BEARING WOMEN

## An Example of Faith Over Fear

Around the beginning of His thirty-second year, Jesus traveled throughout the region of Galilee, preaching, healing the sick, and performing miracles. During this time, several women who had been helped by Him chose to leave their homes and follow Him. They showed their devotion by caring for Jesus and His disciples, providing for their needs using their own money and belongings. These faithful women remained with Him throughout His ministry, even staying close during His crucifixion and burial.

After Jesus died, they did not lose faith or allow fear of the Jewish authorities to stop them. Instead, they

prepared special scented oils called myrrh to anoint His body, which was the custom at the time. Early in the morning after the Sabbath, they went to His tomb to perform this act of love and respect. Because they carried myrrh to the grave, these women are known as the Myrrh-bearers.

Some of their names are recorded in the Gospels. They are believed to have been, Mary Magdalene; Mary, the mother of Jesus; Mary, the wife of Clopas; Salome; Mary and Martha, the sisters of Lazarus; and a woman named Susanna. Scripture suggests there were even more women, though their names are not known.

The Church also honors two men who secretly followed Jesus: Joseph of Arimathea and Nicodemus. Nicodemus was a respected Jewish leader and Pharisee who was well educated in the Law of Moses. Early in Jesus' ministry, Nicodemus visited Him at night and came to believe in Him. After the crucifixion, he brought a large amount of myrrh and spices to honor Jesus' body.

Joseph of Arimathea was a wealthy and influential man and a member of the Jewish council. Showing great courage, he went to the Roman governor Pilate and asked for Jesus' body. Together, Joseph and Nicodemus buried Jesus. Because there was little time, Joseph placed Jesus in his own tomb, which had been carved out of rock.



### FAITH IN ACTION

## Remain Faithful and Courageous During Difficult Times

The Myrrh-bearers did not abandon Christ during His suffering and death. Joseph and Nicodemus also risked their reputation and safety to honor Him publicly. Follow their example by standing firm in your Orthodox Christian Faith, even when it is unpopular, misunderstood, or personally costly—at school, work, or in social settings.

**Ask yourself:** *Do I hide my faith out of fear, or do I live it with humility and courage?*